



Newsletter

Issue 6

Term 2

Week 2

DIARY DATES

Term 2

Week 5-6

Wed 17/5-Wed 3/6
Reconciliation Week

WEEK 6

Fri 5/6

World Environment Day

WEEK 7

Mon 8/6
Public Holiday
Queen's Birthday

Tues 9/6
Pupil Free Day

Community Hub News

Playgroup and Wellbeing
Pack pickup
(Every Monday 2-3 PM in
school car park)

Information from the Principal

Dear Parents and Caregivers,

We have had a great start to Term 2 and I feel really proud of the way our students continue to demonstrate resilience, flexibility and optimism. This week we have had an average of 82% of students back at school. The advice from the Department for Education remains the same. The Chief Executive and Chief Public Health Officer continue to encourage students to return to school. However, we are aware that there is a small percentage of families at our site who for medical reasons or other reasons will not have students returning to school at this stage.

Once again, I would like to acknowledge our staff who continue to work hard to support students and families both at school and in home learning contexts. This term we have continued to ensure teachers have release time each day so they can spend time connecting with parents and students at home. The following procedures will continue to be in place to protect the health of our staff, students, and school community.

- For morning drop-offs: Parents, caregivers, family members, friends, and non-Karrendi Primary School siblings are asked to only bring students as far as the school entrance gates. Please do not enter classroom blocks or classrooms.
- For afternoon pick-ups: Please meet your child outside of the school gates, whilst still practising social distancing with others who are also waiting. Parents/caregivers picking up Junior Primary students are able to wait at the gate of the JP playground, where teachers will supervise to ensure children are met by an adult at the end of the day.
- If you need to order lunch from the canteen for your child, we ask that you arrange for them to order their own lunch. If this is not possible, you are still able to come in to the canteen and help your child but we ask that you please leave school grounds once you have ordered.

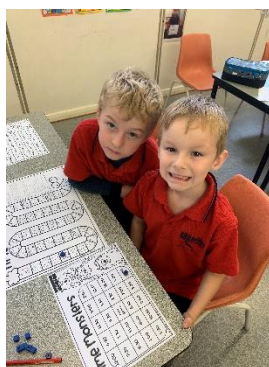
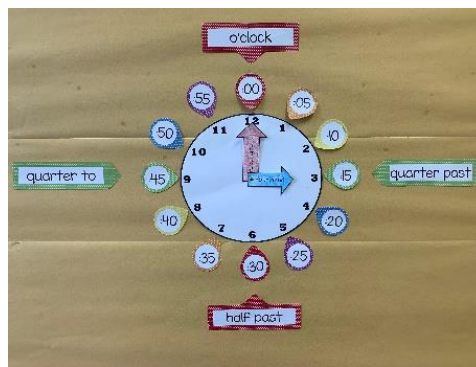
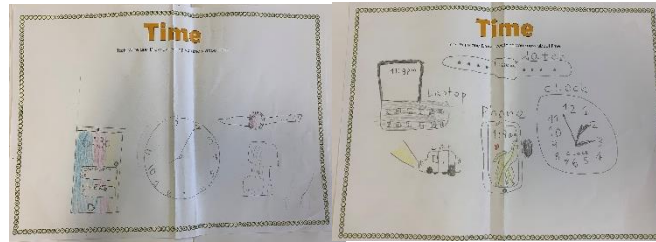
Thank you all again for your ongoing support, encouragement, and flexibility. We greatly appreciate it.

Kind Regards,



Room 21

In Room 21, we have been learning about time. We had to write and draw everything we know about time and then we made our own clocks.



We have been completing some activities around time and playing time games to consolidate our understanding.





Karrendi Primary School Community Hub Update!

After an abrupt closure halfway through Term 1 due to the COVID-19 pandemic, Term 2 for Karrendi Hub is going to look a little different for the time being. Even though the Community Hub space will not be open until further notice we are taking Karrendi Hub online through Facebook. Everyone is quite welcome to join the Karrendi Primary School Community Hub Facebook page, follow and connect. We are at 89 Members at the moment. Hopefully we can reach over 100 very soon. This term the Hub will focus on Early Childhood Development, English and Wellbeing. We also have three Occupational Therapy Students Brielle, Edith and Joe from the University of SA who are joining the Hub this term to conduct their Participatory Community Project.

Each week we will be providing Playgroup Take Home Packs under a specific theme with lots of art and craft activities for families to complete together with their children. If you have a child 5 years old or younger you are quite welcome to request for a pack. This week our Theme was Mother's Day and 24 families were given a pack. When you receive a pack you can then join the Karrendi Hub Playgroup closed Facebook group where more activities, stories, and songs will be posted to support the weekly theme.

English Classes have also moved to online learning and Yonna our qualified English Teacher provides fortnightly English Take Home Learning Packs for participants. Anyone from all English levels who would like to extend their English learning are again quite welcome to join and request for a pack. The Karrendi Hub English Class closed Facebook group has also been developed to support your learning.

In conjunction with Karrendi Primary School's Wellbeing Program the Hub will be offering fortnightly wellbeing packs full of gratitude and mindfulness information and activities. Any family is welcome to request for a pack. The Karrendi Primary School Community Hub Facebook page will also support Wellbeing and any programs being offered in the local community.

Due to the Hub closure in March, the Sing&Grow music program was cut short also. However, the Hub families that engaged with the music sessions last term are now able to pick up where they left off and join the new online program being offered by Sing&Grow. Each week there will be a Music Theme and families can connect via a weekly Zoom music session. Extra resources, activities and information will be provided by email and through the closed Karrendi Hub Sing&Grow Facebook group.

For more information please feel free to contact the Karrendi Primary School Community Hub Facebook page and send me a message through messenger or contact me via the School Office on 8258 3612 Monday to Wednesday.

Hope to see you connect online at the Hub!

Hayley
(Community Hub Leader)

SELF-COMPASSION LEADS TO RESILIENCE

Self-Compassion involves facing failure, insecurity or mistakes in a completely different way. Unlike self-criticism, self-compassion builds greater resilience, strength and happiness. Self-compassion involves 3 things:

1) SELF-KINDNESS



Being kind and understanding with oneself as one would be with a friend. Understanding that we are intrinsically deserving of care and concern just like everybody else.

2) COMMON HUMANITY

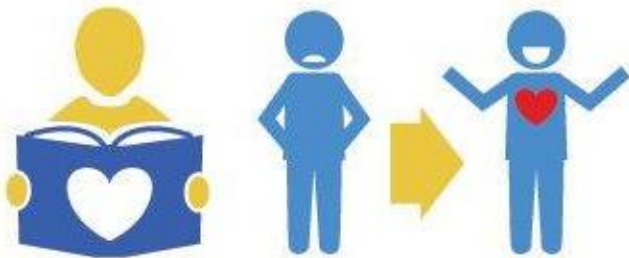


Understanding that we're not alone in our mistakes, weakness and failures, that making mistakes is intrinsically human, and that they are a normal part of everyone's life.

3) MINDFULNESS



Being mindful of one's emotions and feelings without over-identifying with them i.e. validating our emotion without adding fuel to the fire.



Self-compassion is learnable. The first step is to recognize how you respond to failure and choose the 3 elements of self-compassion instead of self-criticism.

Pupil Free Day

Tuesday 9th June

Staff will be engaged in professional development focused on moderation.